

We believe that swimming provides life-changing experiences for young people.

**SwimAtlanta (SA)**  
Hereafter known as “Host Club”

# Best of the South

## March 14-16, 2025

Sanction Application Links:

Click on the corresponding link to complete the Application for Sanction.

## Sanction Application

## Sanction Application for Approved Meets

## Application for Observation Non-Season Culminating

## Application for Observation Season Culminating

**SANCTION:**

Held under the sanction of USA Swimming, issued by Georgia Swimming Inc.,  
Sanction #: GA25-046/STT (Rev 1)

**ATTESTATION:**

- Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision.
- In applying for this sanctioned event, the “Host Club” agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction.

**LIABILITY:**

In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and "Host Club," shall be free and held harmless from any liabilities or claims for damages or illnesses arising by reason of injuries to anyone during the conduct of the event.

## MAAPP: Minor Athlete Abuse Prevention Policy

**This meet will adhere to the current Minor Athlete Abuse Prevention Policy (“MAAPP”) set forth by USA Swimming.**

- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming’s Minor Athlete Abuse Prevention Policy (“MAAPP”).
- All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy.

	<ul style="list-style-type: none"> <li>All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP.</li> <li>As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP.</li> </ul>
<b>ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE</b>	<p><b>Effective September 1, 2022</b>, there will <b>NO</b> longer be a 30-day administrative grace period. Going forward, ANY 17-year-old athlete who has not completed the APT requirements by their 18<sup>th</sup> birthday <b>WILL NOT</b> be a USA Swimming member in good standing unless or until the APT requirement is completed. This includes eligibility to compete in USA Swimming sanctioned meets, club practices and all other related activities. Athletes will continue to receive an email notification reminder of the APT requirement 30 days prior to their 18<sup>th</sup> birthday as well as a reminder on their 18<sup>th</sup> birthday. ALL I+USA Swimming members aged 18 years old and older are required to complete APT annually. This is the individual's responsibility and includes both athlete and non-athlete members.</p>
<b>REPORT DISCRIMINATION:</b>  <b>D, E, &amp; I = Reference / Informational Section</b>	<p>The Georgia LSC believes that there is no place for discrimination in the sport of swimming.</p> <p>If you believe you are the victim of discrimination, you are encouraged to report the incident to USA-Swimming's Associate: Michelle Steinfeld, <a href="mailto:msteinfeld@usaswimming.org">msteinfeld@usaswimming.org</a>. Please provide a complete description of the incident as well as a way to contact you and/or other parties involved.</p> <p>For more information refer to <a href="http://gaswimming.org/diversity">gaswimming.org/diversity</a>.</p> <p>Starting on September 1, 2022, USA Swimming members can submit anonymously or on the record through plain text messaging at 888-270-SWIM (7946).</p> <p><a href="http://teamunify.com">Georgia Swimming LSC: D, E, &amp; I (teamunify.com)</a></p>
<b>Swimmers with a Disability:</b>	<p><b>LSC Meets</b> (time standard required for entry, i.e., LSC Championships or Large Invitationals)</p> <ul style="list-style-type: none"> <li>All swimmers with a disability (swads) must meet the LSC Parallel Time Standards in every event they wish to participate in the meet.</li> </ul>
<b>MEET DIRECTOR:</b>	Chris Davis Jr. <a href="mailto:chrisjr@swimatlanta.com">chrisjr@swimatlanta.com</a> & Wil Bayer <a href="mailto:wil@swimatlanta.com">wil@swimatlanta.com</a>
<b>MEET REFEREE:</b>	Eric Pingel – <a href="mailto:epingel.usaswimming@gmail.com">epingel.usaswimming@gmail.com</a>
<b>STARTER:</b>	Brook Kubic
<b>STROKE AND TURN #1:</b>	Shelley Smith
<b>STROKE AND TURN #2:</b>	Bart Smith
<b>ADMIN OFFICIAL:</b>	Cheryl Loprinzo - <a href="mailto:entries@swimatlanta.com">entries@swimatlanta.com</a>
<b>MARSHALL #1: - FEMALE</b>	Megan Davis
<b>MARSHALL #2: - MALE</b>	Alex Reyman
<b>FACILITY:</b>	<p>Georgia Tech - McAuley Aquatic Center  750 Ferst Drive  Atlanta, GA 30332  404-385-7529</p> <p>This facility seats 1,900 and contains both a competition pool and diving well. The competition pool is 50 meters by 10 lanes, with two movable bulkheads so that</p>

	courses can be set up for 25 yards or 25 meters. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming & Georgia Swimming. The water depth of the pool is 9 1/2 feet at start end and 9 1/2 feet at turn end. (Measured from 3' 3 1/2" (1.0 mtr) to 16'5" (5mtrs) from both end walls).
<b>MEDICAL SUPERVISION:</b>	Lifeguards and AED Device will be available to athletes during the meet. RULE 202.4.11
<b>SCHEDULE:</b>	<p>Session 1: Friday Prelims      Warm up: 8:30am      Start: 9:30am</p> <p>Session 2: Friday Finals      Warm up: 5:00pm      Start: 6:00pm</p> <p>Session 3: Saturday Prelims      Warm up: 9:00am      Start: 10:00am</p> <p>Session 4: Saturday Finals      Warm up: 5:00pm      Start: 6:00pm</p> <p>Session 5: Sunday Prelims      Warm up: 8:00am      Start: 9:30am</p> <p>Session 6: Sunday Finals      Warm up: 5:00pm      Start: 6:00pm</p>
<b>MEET FORMAT:</b>	<ul style="list-style-type: none"> <li>● SCY</li> <li>● Slow to Fast for Technical Strokes</li> <li>● Distance FORMAT - e.g., Alternating genders, Fast to Slow. Meet Director reserves the right to swim the top 10 entries of Open 1650 Free in Finals.</li> <li>● Combined (P/F + TF). All 10&amp;U events will be Timed Final. All 400IM, 500 Free will be Timed Final with the fastest 10 entries of 13-14 and fastest 20 entries of Open swum at night. ALL 1000 and 1650 Free will be Timed Final.</li> <li>● 11-12: A Final, 13-14: A-B Final, Open A-B-C</li> <li>● 400IM and 500 Free 13-14 A Final, Open A-B Final</li> <li>● 20 Lanes used for competition (10 for Finals)</li> <li>● Lanes will be provided in the diving pool for warmup/warmdown</li> <li>● Relay events WILL be offered for Time Trials</li> <li>● Any swimmer seeded in a Finals event who fails to swim will be fined \$50, payable before their next event</li> <li>● Alternates wishing to swim in an empty lane in Finals must check-in with the deck referee, be ready, and standing at the starter's area.</li> </ul>
<b>ENTRY FEES:</b>	<ul style="list-style-type: none"> <li>● IND. EVENT FEE: \$15 / Event</li> <li>● LATE IND. ENTRIES: \$30 / Event</li> <li>● RELAYS: - \$25 / Event</li> <li>● LATE RELAY ENTRIES: \$25 / Event</li> <li>● TIME TRIALS: \$25 / Event</li> </ul>

	<ul style="list-style-type: none"> <li>● FACILITY SURCHARGE: <b>\$25</b></li> <li>● \$3.00 GA LSC Travel Fund per athlete</li> <li>● \$6.00 GA travel fee applies to all non-Georgia LSC registered athletes</li> </ul>
<b>ELIGIBILITY:</b>	<p><b>Invitational</b></p> <p>This meet will be conducted as defined above. All 2025 swimmers registered with USA Swimming and/or their respective World Aquatics Federation, in good standing with their local national federation, will be allowed to compete.</p> <p>All foreign delegations must submit documentation from their federation indicating athletes, coaches, and team support are members in good standing of their World Aquatics affiliated federation. "Host Club" will not allow unregistered swimmers, coaches, officials, or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member in as provided in Article 302.</p>
<b>ENTRIES:</b>	<p>Swimmers may swim a maximum of <b>(3)</b> individual events per day. A maximum of <b>three bonus swims</b> will be permitted for those with a single event qualifying standard. Deck entries can be made with the clerk of course up to 30 minutes before the start of the session. Teams may enter up to (2) relays per relay event.</p> <p><b>Time Trial events will NOT be included in the daily individual event limit.</b></p>
<b>CHECK IN:</b>	<p><b>Positive check-in will be required by 10:00am for 400 IM, 500 Free, 1000Free, 1650 Free</b></p>
<b>CLERK of COURSE:</b>	<p><b>Clerk of Course will be available from 7:30am-10:00am.</b></p>
<b>ENTRY SUBMISSION:</b>	<p><b>Submit one check payable to: <b>SwimAtlanta</b></b></p> <p><b>Entries must be received on or before: <b>March 2, 2025</b></b></p> <p>Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, and seeding time for each event entered.</p>
<b>RULES:</b>	<p><b>Current USA Swimming Rules will govern this meet.</b></p> <p><b><u>Tech Suit Restrictions for 12-and-Under Swimmers</u></b></p> <p>(Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)</p> <p>(Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)</p> <p>This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms.</p> <p>Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water.</p>

	<p>When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <p><b>Deck changes are prohibited.</b> (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.</p> <p>On deck registrations will not be permitted during this event.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program &amp; Events Committee Chair, or designee.</p> <p>All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other World Aquatics-member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.</p> <p>Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.</p> <p>Swimmers participating under the provisions of 202.9 or USA Swimming's "open border" policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.</p>
<b>USA SWIMMING MEMBER VERIFICATION:</b>	<p><b>As of September 2022, Deck Pass and Deck Pass Plus are no longer available.</b> To access USA Swimming member benefits, including your USA Swimming member card, download the USA Swimming app. Present this card to verify your USA-S and GA LSC credentials are in good standing.</p>
<b>COACHES:</b>	Coaches will be required to sign in at the Clerk of Course desk to verify their credentials, via SWIMS 3.0, are in good standing with USA-S and their respective LSC.
<b>COACHES MEETING:</b>	<b>There will be a coaches meeting on Friday morning at 9:00am.</b>

<b>OFFICIALS:</b>	“Host Club” welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official’s meeting <b>1 hour</b> prior to the start of each session. The official’s uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and white shoes. All officials must present at check in, their current LSC Officials Certification Card; <b>OR</b> a recently completed Apprentice Form; <b>AND</b> proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.
<b>MEET COMMITTEE / MEET JURY:</b>	The Meet Committee / Meet Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, 2 Coaches, and 1 athlete member, as appropriate. As defined in the Official Glossary (2023 USA Swimming Rulebook)
<b>AWARDS:</b>	<b>No awards</b>
<b>SCORING:</b>	<ul style="list-style-type: none"> <li>• Individual and Relay events will be scored to 20 places for 13-14 and Open. 10&amp;Under and 11-12 events will be scored to 10 places. Swimmers and relays that do not achieve the meet qualifying time in an event cannot score points in that event.</li> <li>• Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1</li> <li>• Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2</li> </ul>
<b>CONCESSIONS:</b>	<b>Concessions will be available in the facility cafe</b>
<b>GEORGIA WARM-UP POLICY:</b>	The <a href="#">Georgia Swimming approved warm-up guidelines</a> will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities.
<b>GA. SCRATCH RULE:</b>	<a href="#">Georgia Swimming Scratch Rule</a> See Meet Format above for Finals No-Show Policy which will supersede GA Scratch Rule.
<b>MISC. INFORMATION:</b>	<b>Meet information will be located at <a href="http://www.swimatlanta.com">www.swimatlanta.com</a></b>

**Friday, March 14, 2025**  
**Session 1: / Warm up 8:30 am, Starts 9:30 am**

Girls		ORDER OF EVENTS	Boys	
1	-	12&u MIXED 200 Free Relay (Prelims)	-	
3	-	14&u MIXED 200 Free Relay (Prelims)	-	
5	-	Open MIXED 200 Free Relay (Prelims)	-	
7	2:31.99	10 & Under 200 Free*	2:28.79	8
9	2:08.89	11-12 200 Free	2:08.69	10
11	2:01.09	13-14 200 Free	1:53.59	12
13	1:56.99	Open 200 Free	1:48.29	14
15	1:31.89	10 & Under 100 Breast*	1:31.99	16
17	1:17.59	11-12 100 Breast	1:16.99	18
19	1:12.39	13-14 100 Breast	1:08.69	20
21	1:08.89	Open 100 Breast	1:02.49	22
23	1:22.89	10 & Under 100 Fly*	1:22.89	24
25	1:07.89	11-12 100 Fly	1:08.29	26
27	1:02.69	13-14 100 Fly	59.09	28
29	59.99	Open 100 Fly	54.39	30
31	37.49	10 & Under 50 Back*	37.69	32
33	31.49	11-12 50 Back	31.79	34
35	5:08.79	Open 400 IM*	5:20.49	36
37	4:49.49	13-14 400 IM*	4:36.29	38
39	4:40.59	11-12 400 IM*	4:19.09	40

\* Event will be swum as Timed Final. Top 20 for Open and Top 10 for 13-14 entries swum at night.

**Saturday, March 15, 2025**  
**Session 3: / Warm up 9:00 am Start 10:00 am**

Girls		ORDER OF EVENTS	Boys	
41	-	12&u MIXED 200 Medley Relay (prelims)	-	
43	-	14&u MIXED 200 Medley Relay (prelims)	-	
45	-	Open MIXED 200 Medley Relay (prelims)	-	
47	1:19.99	10 & Under 100 IM*	1:19.99	48
49	1:07.99	11-12 100 IM	1:08.49	50
51	2:36.29	11-12 200 Fly*	2:33.49	52
53	2:20.79	13-14 200 Fly	2:14.79	54
55	2:11.59	Open 200 Fly	2:01.29	56
57	31.39	10 & Under 50 Free*	31.59	58
59	27.59	11-12 50 Free	27.29	60
61	25.99	13-14 50 Free	24.39	62
63	24.89	Open 50 Free	22.49	64
65	2:49.49	11-12 200 Breast*	2:47.69	66
67	2:36.19	13-14 200 Breast	2:28.29	68
69	2:29.09	Open 200 Breast	2:16.09	70
71	1:19.89	10 & Under 100 Back*	1:19.89	72
73	1:07.99	11-12 100 Back	1:08.59	74
75	1:03.29	13-14 100 Back	59.89	76
77	1:00.89	Open 100 Back	55.29	78
79	5:40.59	11-12 500 Free*	5:42.29	80
81	5:21.79	13-14 500 Free*	5:08.99	82
83	5:10.89	Open 500 Free*	4:52.59	84

\* Event will be swum as Timed Final. Top 20 for Open and Top 10 for 13-14 entries swum at night.



**Sunday, March 16, 2025**  
**Session 5: / Warm up 8:00 am Start 9:30 am**

<b>Girls</b>		<b>ORDER OF EVENTS</b>	<b>Boys</b>	
85	2:51.59	10 & Under 200 IM*	2:51.59	86
87	2:26.29	11-12 200 IM	2:28.29	88
89	2:18.09	13-14 200 IM	2:10.49	90
91	2:12.79	Open 200 IM	2:00.99	92
93	35.09	10 & Under 50 Fly*	35.89	94
95	30.19	11-12 50 Fly	30.59	96
97	2:27.69	11-12 200 Back*	2:28.19	98
99	2:16.19	13-14 200 Back	2:09.49	100
101	2:10.99	Open 200 Back	2:00.29	102
103	41.29	10 & Under 50 Breast*	41.69	104
105	35.89	11-12 50 Breast	35.49	106
107	1:09.59	10 & Under 100 Free*	1:09.79	108
109	59.29	11-12 100 Free	59.39	110
111	56.09	13-14 100 Free	52.69	112
113	54.29	Open 100 Free	49.19	114
115	10:48.89	Open 1000 Free*	10:14.29	116
-	11:08.79	13-14 1000 Free*	10:42.09	-
-	11:43.89	11-12 1000 Free*	11:38.99	-
117	17:47.09	Open 1650 Free*	17:03.89	118
-	18:50.19	13-14 1650 Free*	18:15.99	-
-	19:47.99	11-12 1650 Free*	19:47.99	-

\* Event will be swum as Timed Final.

**Best of the South, March 14-16, 2025**

Team Name \_\_\_\_\_ Team abbreviation \_\_\_\_\_

Team Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Head Coach \_\_\_\_\_

Head Coach E-mail \_\_\_\_\_ Head Coach Cell \_\_\_\_\_

***All coaches from your team must be listed and have valid USA Swimming credentials.***

1<sup>st</sup> Coach \_\_\_\_\_ 2<sup>nd</sup> Coach \_\_\_\_\_

3<sup>rd</sup> Coach \_\_\_\_\_ 4<sup>th</sup> Coach \_\_\_\_\_

Facility Charge	\$25.00 x (number of athlete)	= _____
Event Fee	\$15.00 x (number of events)	= _____
Relays	\$25.00 x (number of relays)	= _____
GA LSC Travel Fund	\$3.00 x (number of athlete)	= _____
Non-GA LSC registered athletes	\$6.00 x (number of athlete)	= _____
	<b>TOTAL</b>	= _____

**Submit one check payable to: Swim Atlanta**

Entries must be received on or before **March 2, 2025**

Email entries to: [entries@swimatlanta.com](mailto:entries@swimatlanta.com)

***WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:***

*I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.*

*I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.*

**I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.**

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Signature/Title

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Date